



# 2008 Fall Class Schedule

## Freedom TaeKwon-Do Schools



#101 – 3845 15<sup>th</sup> Avenue, Prince George, B.C. V2N 1A4 Tel: (250) 564 2565 Fax: (250) 564-2565

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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### Classroom 1

<b>Little Eagles</b> 4:00-4:45 KSO		<b>Little Eagles</b> 4:00-4:45 KSO		<b>White Belt - Black Belt Mixed</b> 10:00 - 10:55 <b>BBC ONLY Competition &amp; Conditioning</b> 11:00 - 11:55	
<b>Green Belt &amp; Blue Stripe ALL</b> KTO 5:00 – 5:55	<b>White Belt &amp; Yellow Stripe Kids 7-12</b> 5:00 - 5:50 KSO	<b>Green Belt &amp; Blue Stripe ALL</b> KTO 5:00 – 5:55	<b>White Belt &amp; Yellow Stripe Kids 7-12</b> 5:00 - 5:50 KSO		
<b>Black Belt All</b> KTO 6:00 – 7:00	<b>Yellow Belt Blue Stripe All</b> KTO 6:00 - 6:50	<b>Black Belt All</b> KTO 6:00 – 7:00	<b>Yellow Belt Blue Stripe All</b> KTO 6:00 - 6:50		
<b>White Belt - Blue Belt All Ages</b> KTO 7:00 - 8:15	<b>White Belt - Black Belt Adults 16 + Only 2 Classrooms</b> KTO 7:00 – 8:15	<b>White Belt - Blue Belt All Ages</b> KTO 7:00 - 8:15	<b>White Belt - Black Belt Adults 16 + Only 2 Classrooms</b> KTO 7:00 – 8:15		

### Classroom 2

<b>Blue Belt - Black Belt ALL</b> KTO 5:00 – 5:55	<b>Blue Belt - Black Belt ALL</b> KTO 5:00 – 5:55		
	<b>Blue Belt Black Belt All</b> KTO 6:00 - 6:50	<b>BBC Breaking &amp; Focus Techs BBC Club Only</b> KTO 6:00 – 7:00 KH	<b>Blue Belt Black Belt All</b> KTO 6:00 - 6:50
<b>Green Stripe - Black Belt All Ages</b> KTO 7:00 – 8:15	<b>Blue Belt - Black Belt Adults 16 + 2 Classrooms</b> KTO 7:00 – 8:15 O	<b>Green Stripe - Black Belt All Ages</b> KTO 7:00 – 8:15	<b>Blue Belt - Black Belt Adults 16 + 2 Classrooms</b> KTO 7:00 – 8:15